

Dunbar Community Woodland Group For woods, for wildlife, for people



# **A Pump Track for Dunbar**

Dunbar Community Woodland Group has been awarded funding from Viridor Credits to build a pump track in Lochend Woods. We are working with Sustaining Dunbar, Dunbar Cycling Group and Dunbar Grammar School to build an area that can be used by local cyclists, for training and for fun.

# What is a pump track?

A pump track is a continuous loop of berms (turns) and rollers (bumps) that mountain bikers and BMXers ride without pedaling. In just a few years, pump tracks have grown into a worldwide trend.

Tracks are popping up in back gardens and public parks everywhere because:

- Pump tracks are fun to ride
- Almost anyone can ride them from age 2 to adult
- Pump tracks build phenomenal skills and fitness

## What will it look like?

The pump track will cover a relatively small area, around 30m x 20m and will be less than 1.5m in height. It will be surfaced in whindust, the same as the existing paths.

#### How will it be used?

The pump track will be used on an ad-hoc basis by local cyclists. It will accommodate 4-6 cyclists at a time, who will be using it at their own risk. We expect it to appeal to people of all ages and abilities and attact new cyclists to the sport. Other pump tracks have proved very popular with young families; children as young as 2 are able to enjoy them, as well as young people and adults wishing to improve their cycling skills and general fitness.

## When will it be ready?

We hope to start construction in November and open it early in 2013.

# Want to help?

Contact:

Dunbar Community Woodland Group via Isobel Knox: <a href="mailto:isobelknox@aol.com">isobelknox@aol.com</a>

Dunbar Grammar School via Mr Fendick: tfendick@dunbargrammar.elcschool.org.uk

Dunbar Cycling Group via Dan Waters: <a href="mailto:dan@dunbarcycling.org.uk">dan@dunbarcycling.org.uk</a>
Sustaining Dunbar via Morag Haddow: <a href="mailto:morag@sustainingdunbar.org">morag@sustainingdunbar.org</a>







# Where will it be?

We have Planning Permission to build the pump track in the area to the west of Kellie Road, just south of the Learning Woods (newly planted area)

It will be about 7m back from the pavement, and will be around 20m x 30m and will weave around the existing trees.

Lovers' Walk











